



Bread, Community, and Achondroplasia

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"What bread did you choose, Sofia?" her mom asks.
Sofia smiles and turns to her mom

Sofia smiles and turns to her mom with the recipe in her teeth!

> "Ooo, that's my favorite,"

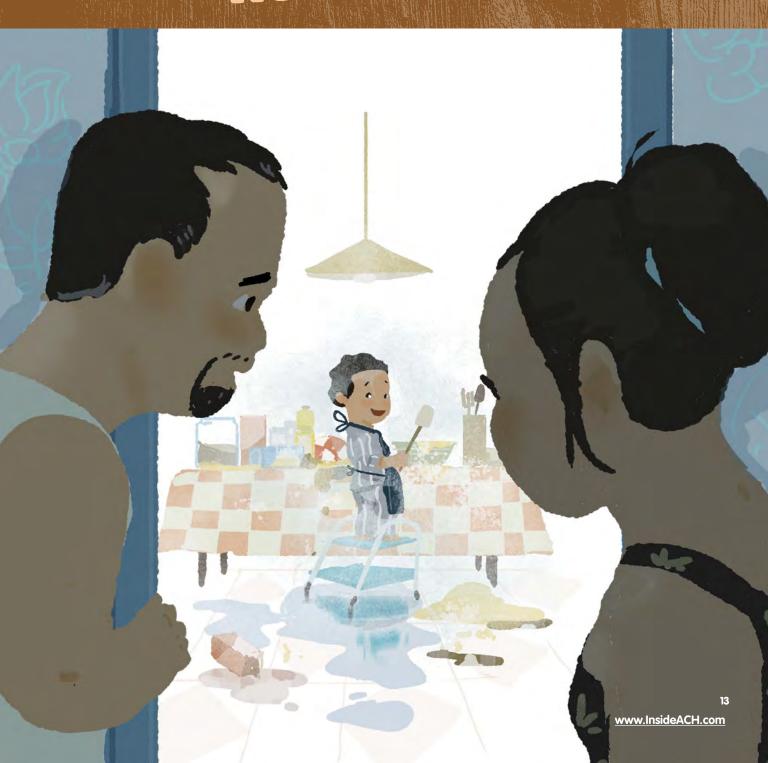
Says mom.

"I'll start up the clay oven."



Haruki was so excited he didn't wait for his parents to get started!

What a mess!







All bread begins as dough.

Dough then turns into bread after spending some time in the oven.



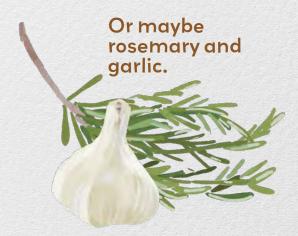


When making dough, recipes can use different amounts of different ingredients.



Most dough starts with flour and water...





Some bread uses butter and sugar.





Even when dough has more or less of something, it can still be delicious. That's why there are so many unique types of bread!

Now that all the dough is made, it's time to put it in the oven!



Oh, no!

Leo accidentally dropped some dough on the floor!



"That's okay,"

says Matt.

"The best bakers probably drop lots of stuff."



Haruki and his parents are rolling their dough into croissants.

"Like father, like son," Mother says.

Emma loves creating shapes with the dough.

Because of the unique ingredients, if you put two types of dough in the oven for the same amount of time, they might rise and grow to be different shapes, sizes, and textures.







Now that the bread is made, it's time to go to the festival!



Leo can't wait to learn how to drive like Matt.

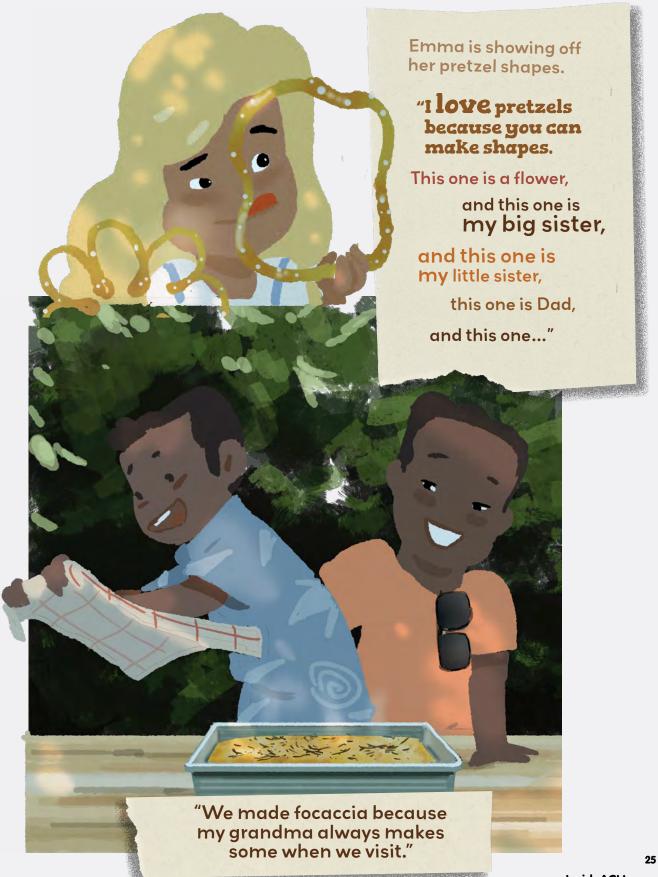
"Good thing the park is just down the street!"

jokes Leo.













How can the Rising Love Bread Festival help the people in your life understand achondroplasia?

Meet Sofia, Haruki, Leo, and Emma. Four unique kids in families where achondroplasia is just a part of life. Today, our young heroes are each baking their favorite bread to share at the Rising Love Bread Festival.

With beautiful hand-drawn illustrations, dive into the details of the Rising Love world to connect, inspire, and educate anyone—no matter how they grow up.

